

The Eisenberg Disordered Gambling SBIRT Pre-screen and Screen*

Client Full SBIRT ID #:	Worker Initials:	Date/Time:	
<p>For the purpose of these questions, “gambling” means buying lottery tickets, gambling at a casino, playing cards or dice for money, betting on sports games, playing slot machines, video poker or other video gambling, gambling on the internet, betting on horses or dogs, playing video games with gambling activities or loot box purchases, trading stocks or other speculative investments, playing bingo or keno.</p>			
During the past 12 months have you gambled 5 or more times?		Yes	No
<i>If the answer is yes, then proceed to the first three questions:</i>			
<u>DURING THE PAST 12 MONTHS:</u>			
1	Have you ever felt restless, on edge or irritable when trying to stop or cut down on gambling?	Yes	No
2	Have you had to ask other people for money to help deal with financial problems that had been caused by gambling?	Yes	No
3	Have you tried to hide how much you have gambled from your family or friends?	Yes	No
<i>If there is a “yes” answer to <u>any</u> of these questions, then ask the next 6 questions</i>			
<u>DURING THE PAST 12 MONTHS:</u>			
4	Have you tried to cut down or stop your gambling?	Yes	No
5	Have you increased your bet or how much you would spend, in order to feel the same kind of excitement as before?	Yes	No
6	Did you think about gambling even when you were not doing it? (Remembering past gambling experiences, or planning future gambling?)	Yes	No
7	Did you go to gamble when you were feeling down, stressed, angry or bored?	Yes	No
8	Did you ever try to win back the money that you had recently lost?	Yes	No
9	Has your gambling caused problems in your relationships or with work?	Yes	No
Total “Yes” Responses			

- A “yes” response to the pre-screen question results in asking questions 1-3.
- A “yes” response to any of questions 1, 2, or 3 results in asking all the questions 4-9.
- See back/second page for responses.

Guidelines to Determine Level of Risk and Appropriate Interventions	
RISK STRATIFICATION	TRIAGE
<p style="text-align: center;"><u>High Risk</u></p> <p><input type="checkbox"/> Answered “Yes” to pre-screen and at least one (1) additional question.</p>	<p><input type="checkbox"/> Provide Brief Intervention (FRAMES)</p> <p><input type="checkbox"/> Initiate warm handoff for gambling assessment (see resources below)</p> <p>Or</p> <p><input type="checkbox"/> Provide Brief Intervention (FRAMES)</p> <p><input type="checkbox"/> Initiate referral for gambling assessment (see resources below)</p> <p><input type="checkbox"/> Follow-up with individual to ensure linkage to assessment</p>
<p style="text-align: center;"><u>Moderate Risk</u></p> <p><input type="checkbox"/> Answered “Yes” to pre-screen question</p> <p>And/Or</p> <p><input type="checkbox"/> Multiple risk factors and unsupportive environment</p>	<p><input type="checkbox"/> Provide Brief Intervention (FRAMES)</p> <p><input type="checkbox"/> Discretionary referral for gambling assessment (see resources below)</p> <p><input type="checkbox"/> Follow-up with individual to ensure linkage to assessment</p> <p>Or</p> <p><input type="checkbox"/> Provide Brief Intervention (FRAMES)</p> <p><input type="checkbox"/> Provide gambling information to prevent future issues or to assist family/friends.</p>
<p style="text-align: center;"><u>Low Risk</u></p> <p><input type="checkbox"/> Answered “No” to pre-screen</p> <p>Or</p> <p><input type="checkbox"/> Strong supportive environment</p>	<p><input type="checkbox"/> Provide gambling information to prevent future issues or to assist family/friends.</p>

Warm Handoff and Referral Resources

1800GAMBLER or AreYouReallyWinning.org
Local provider

FRAMES Model for Brief Intervention

Feedback: I am specifically concerned about your gambling activities because...

Responsibility: What you do with your gambling is up to you.

Advice: In my medical opinion, you can best minimize your health risks by...

Menu: What do you think would work for you if you decided to make a change?

Empathy: It is not easy to change.

Self-efficacy: I can see that you are a strong person.